



NAMI Blue Ridge Family Alliance

Update

APRIL 2009

Upcoming Meetings Visitors Welcome

Informal Support Group Meetings

First Thursdays from 5:30pm-7:00pm

**April 2 • May 7 • June 4
June 18 • July 2 • August 6 • September 3**

Speaker Meetings

Third Thursdays from 5:30pm-7:00pm

**Thursday, April 16, 5:30-7:00pm
The New World of Psychiatry**

Dr. Laura Dauenhauer is chief resident in the UVA Psychiatry department. Dr. Dauenhauer and a few other residents will join us to discuss their perspective on psychiatry: what attracted them to the field, how family members can help them, and how they expect psychiatry to evolve in the coming years.

**Thursday, May 21, 5:30-7:00pm
Western State Hospital (WSH)**

Pat Higgins is Director of Clinical Social Work at Western State Hospital (WSH.) Pat will come ready to answer all your questions about WSH and update us on WSH programs.

The regular June speaker meeting will be held as an additional support group meeting. So, both meetings in June - the 4th and the 18th will be Support Group meetings.

No speaker meetings will be held in July and August, but Support Group meetings will be July 2, and August 6.

Regular schedule with speaker meetings resumes in September.

***** Location *****

BRFA/NAMI meetings are held at the new Region Ten location at 500 Old Lynchburg Rd. From I64 Exit 120, take 5th Street Extended south (away from Charlottesville) for about a mile to Old Lynchburg Rd on the right. (You passed the new county office building on your left.) Turn right on Old Lynchburg Rd and then right again at the first driveway. The new Board Room is in the administrative building at the rear of the property.

NAMI-Blue Ridge Family Alliance

[a 501(c)(3) organization]

Charlottesville, VA 22903

Voice Mail: (434) 970-1257

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NEWSLETTER

Editor: April Ballard
Circulation: James and Shelah Scott

This newsletter is published bi-annually.
Persons wishing to contribute an original
article are asked to contact the editor.

Monticello Avenue site
<http://avenue.org/brfa>

Charlottesville Community Calendar
www.chvillecalendar.com

NAMI/VA State Convention
May 29 -30 at the Sheraton Hotel West in
Richmond

NAMI/National Convention
July 6-9 at the San Francisco Hilton

Rates, logistics, available at www.nami.org

The Blue Ridge Family Alliance dues are due now. With the rising cost of postage rates, we unfortunately will need to trim the mailing list to those who have paid their dues.

Membership rates are:

\$5.00 for NAMI/Blue Ridge Family Alliance membership and Newsletter only.

\$35.00 for membership in the BRFA, NAMI/National, and NAMI/VA and all mailings from each. A tax deductible donation is also most welcome.

Please make checks payable to NAMI/BRFA and mail to Patt Keats, Treasurer, 421 Key West Drive, Ch'ville, VA 22911.

Thanks you so much for your continuing support!

Please include the following:

Name _____

Address _____

Telephone (optional) _____

and/or e-mail _____

I wish to support NAMI-BRFA's work to improve the quality of life for people with serious mental illnesses.

I have enclosed my tax-deductible donation of \$_____.

Would you like to receive your newsletters by email?

We welcome everyone to our meetings, but newsletter mailings can only go to dues paying members.

All newsletters are available on our website at <http://avenue.org/brfa>.